

Get connected!

3 hour workshop
(Online or in person)



**Get Connected
is a team
development
workshop focused
on connection,
recognition and
gratitude while
injecting some fun.**



A team building, emotional intelligence and personal development workshop all rolled into one.



This workshop
has received
100% positive
feedback from
every single
participant.



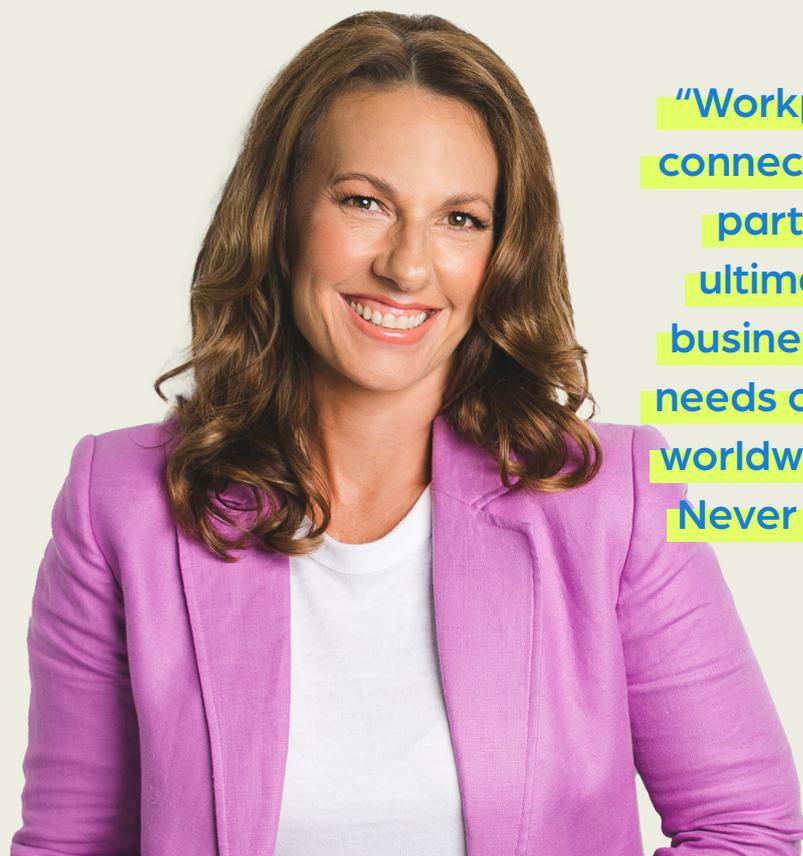
Gabrielle Armes
Marketing Manager
Five by Five

"Kylie is beyond incredible at what she does. She came into our workplace and ran us through the Get Connected Workshop, which was honestly life-changing to most of our team members. Her extensive knowledge, coupled with her warmth and extremely fun activities, made this one of the best workshops I have ever been a part of. She made us all feel very safe in vulnerable circumstances and the team now feels more connected than ever. I couldn't recommend Kylie enough, we will definitely be inviting her to our workshops in the future! Thanks again Kylie, it was absolutely brilliant!"

In 3 hours, we will have your team members connecting on a whole new level with a deeper understanding of one another as well as reigniting meaning and purpose into their work and culture.

Benefits for your team:

- Your team walks away with actionable connection initiatives to use in the workplace
- We focus on the recognition and appreciation for all team members
- Bring awareness of meaning and purpose to their work
- Learn why 'play' is important for brain health and team connection
- Each team member walks away with a deeper sense of understanding for each other
- Creates belonging and trust within the team
- Strengthens culture
- Learn individual tools for wellbeing, self-awareness and self care.
- Prizes and team competitions



"Workplace cultures and the social connections they create are a major part of our everyday lives, and ultimately, a huge contributor to business success, meeting our core needs of belonging and reducing the worldwide health issue of loneliness. Never underestimate the power of human connection."

Kylie Flynn – Happi Matters